

Mastery is more than just a piece of paper

Stretch your Understanding
Strengthen your Teaching
Deepen your Practice

Instructor Seminar

May 16 - 17

Guest Teacher: Juanita Lopez

Additional classes: Michael Rooks

Information / Reservations

202-737-7776

Saturday 5/16
1:30pm to 6pm

\$395

Sunday 5/17
9am to 3pm

Master Reformer Workout
Apparatus Intensive
Chair Workshop

Master Mat Workout
Teacher Technique Class
Luncheon Roundtable

Private sessions are available on 5/15 & 5/16 at an additional charge
Observation and discussion of private sessions is included
Catered lunch on Sunday is included

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